THREE DAYS
ULURU AND KATA TJUTA

With three days you can experience the serenity and majesty of Uluru. This itinerary helps you to see Uluru and Kata Tjuta from different angles. Take to the skies in a helicopter, climb onto the back of a camel or circumnavigate Uluru on foot. Watch the sun rise and set over the massive monolith and join a tour to learn more about local bush tucker and Dreamtime stories.

DAY 1.

The Uluru-Kata Tjuta Cultural Centre is a good place to start your exploration of the Uluru-Kata Tjuta National Park. The centre offers information about activities in the park as well as an introduction to Anangu culture.

The Anangu people are Uluru's traditional custodians and have lived in the area for at least 22,000 years. At the centre you can purchase Anangu art, watch craft demonstrations, or join a bush tucker session or guided walk.

There are many ways to see Uluru. The Mala Walk is a wheelchair-friendly walk of 90 minutes (return) that takes you to the caves of the Mala people and to the sacred Kantju Gorge, a quiet waterhole at the base of a dramatic rock face. Along the way you will see examples of Anangu rock art and learn about their creation beliefs.

The Anangu traditional landowners prefer visitors don't climb Uluru because for them it's a sacred site. Instead, join a walking tour led by an Aboriginal guide or circumnavigate Uluru on the 10.6 kilometre base walk, which is dotted with interpretive displays and is a great way to see the many springs, waterholes, rock art caves and ancient paintings at Uluru's base.

From the air you can survey the incredible size and features of Australia's most famous natural landmark. Soak up the panoramic views and take plenty of photos on a helicopter flight. Or, jump on the back of a Harley Davidson motorcycle for an adventure ride with spectacular views.

Places to stay are all within the Aboriginal-owned Ayers Rock Resort. Choose from self-contained apartments, hotels, a five-star luxury wilderness camp, backpacker rooms and a campground with sites and cabins. Try a new dining option every night, such as the open-air barbecue where you buy then cook your own steak.

DAY 2.

See the desert scenery from the back of a camel. Climb aboard for a quiet, leisurely walk and the view from six feet up.

Explore the large red sand dunes in the cool, clear morning and watch the sun rise over Uluru. Your guides will point out the desert flora and fauna along the trail, and prepare you a breakfast of billy tea and freshly baked beer bread.

Make dinner memorable: the Sounds of Silence is a unique dining experience that starts on a sand dune with a glass of sparkling wine and canapés, and a 360-degree view of the sun setting over Uluru and the domes of Kata Tjuta. Next course is a gourmet barbecue of barramundi, kangaroo, emu, crocodile, bush salads and classic desserts, complemented by Australian wines. Coffee is served with a tour of the night sky, guided by the resident 'star talker'.

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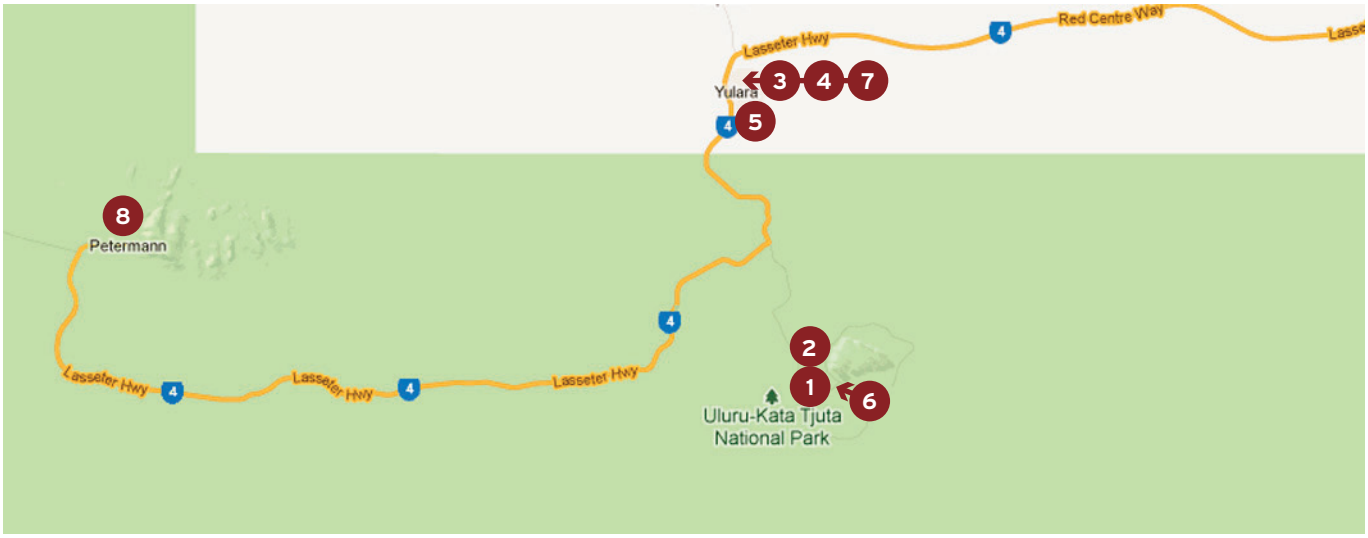
DAY 3.

Nearby Kata Tjuta (the Olgas) means 'many heads' and is a series of enormous rock domes that dates back 500 million years. Start your morning early with a short walk to the Kata Tjuta viewing area. The walk offers magnificent panoramic views of the domes and a relaxing place to sit and absorb the ever-changing colours of the landscape.

From here there are two popular walking tracks: the Walpa Gorge Walk, which takes an hour return, or the famed Valley of the Winds walk, a moderately difficult track which weaves through the immerse domes and treats you to spectacular views over the desert plains from its two lookout points.



1 Uluru-Kata Tjuta Cultural Centre
Uluru-Kata Tjuta National Park
Headquarters, Yulara
Northern Territory 0872
T: +61 (8) 8956 1128
W: www.environment.gov.au

2 Mala Walk
Free ranger guided walk 2 kilometres return. Start at Mala carpark
Uluru-Kata Tjuta National Park
Lasseter Highway, Yulara
Northern Territory 0872
T: +61 (8) 8956 1100
W: www.en.travelnt.com

3 Uluru Scenic Flights – Professional Helicopter Services Pty Ltd
Tour Information Centre
Yulara Drive, Ayers Rock, Yulara
Northern Territory 0872
T: +61 (8) 8956 2003
W: www.en.travelnt.com

4 Voyages Ayers Rock Resort
Yulara Drive, Yulara
Northern Territory 0872
T: +61 (8) 8296 8010
Toll Free: 1300 134 044 (Australia)
F: +61 (8) 8952 1833
W: www.ayersrockresort.com.au

5 Uluru Camel Tours
10 Kali Circuit, Yulara
Northern Territory 0872
T: +61 (8) 8956 3333
W: www.ulurucameltours.com.au/

6 Uluru Base Walk
Start at Kuniya carpark
Uluru-Kata Tjuta National Park
Lasseter Highway, Yulara
Northern Territory 0872
T: +61 (8) 8956 1100
W: en.travelnt.com/experience

7 Sounds of Silence Dinner at Ayers Rock Resort
Voyages Ayers Rock Resort
Yulara Drive, Yulara
Northern Territory 0872
T: +61 (8) 8296 8010
Toll Free: 1300 134 044 (Australia)
W: www.ayersrockresort.com.au

8 Valley of the Winds Walk
7.4 kilometres return
Uluru-Kata Tjuta National Park
Lasseter Highway, Yulara
Northern Territory 0872
T: +61 (8) 8956 1100
W: www.environment.gov.au